

## ABSTRACT

A hair bleaching composition comprising:

- 5 (a) a peroxygen compound;  
(b) a buffering agent; and  
(c) cholesterol and/or derivatives thereof or mixtures thereof;
- 10 characterised in that the pH of the composition is greater than pH 10.

The composition effectively bleaches hair whilst causing less damage than conventional bleaches.

Variable	Mean	SD	Min	Max
Age	35.2	12.5	18	65
Gender	Male	Female		
Marital status	Married	Single		
Education	High school	College		
Occupation	Manager	Worker		
Income	\$10,000	\$20,000		
Health status	Good	Poor		
Smoking status	Smoker	Non-smoker		
Alcohol consumption	Regular	Occasional		
Exercise frequency	Regular	Occasional		
Stress level	High	Low		
Sleep quality	Good	Poor		
Dietary habits	Healthy	Unhealthy		
Family size	2	3		
Work-life balance	Good	Poor		
Life satisfaction	High	Low		
Overall well-being	Good	Poor		